

QUESTIONS FOR OUR TIMES¹
NARRATIVE RESPONSES TO CLIMATE CHANGE
Narrative Camp 2019
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Questions on the evolution of a person (or group of people's) relationship with 'climate change', 'the great unfolding', 'the environmental crisis/mess', or chosen externalization.

- Would you be interested in going into the realm of your relationship with (climate change/related environmental crises)?
- When were you first aware of some sort of threat to the environment?
- When did you first become concerned about the environment/climate change? Do you remember how you found out about this problem? Can you recall your first response? What was your story about it?
- Can you recall a time that your concern for the environment evoked suffering? Thinking about it now, do you suspect that numbness on one hand, or on the other hand, perhaps anxiety, grief, despair, hopelessness or overwhelm that you've experienced have been related to the environmental issues of these times? Would you be interested in estimating what percentage of your suffering that would be?
- Can you remember what has helped you to experience and move through these feelings so that they were not immobilizing for you?
- For a young person: Your generation is aware that the future belongs to you and that you are most affected by what is unfolding. How much does this come up in conversation with your peers? Are you grappling with it together?
- Have you been tempted to bring it up unsolicited? If so, what response did you get? Have you noticed any active evasion of these concerns? Have you felt isolated or alone with the magnitude of the situation?

¹ Jenny Freeman with a hand from David Epston 2018-2019

- Are there any narratives that open for you more of a sense of possibility and positivity in the context of climate change?
- What were you first aware of as a stirring to respond? Do you consider that this stirring has developed in you over time? If so, how?
- How does your relationship with nature inform your sense of stirring and a call to respond? In what ways does this move or inform you?
- By any chance, have you had visions or inspirations about the part you can play in responding to the big challenges and changes required of our times?
- Have any stories or information about other people's caring about and for the environment affirmed your stirring? In what ways?
- Was there anything in particular that you can recall that turned your stirring into some sort of response?
- Is your sense of responsivity connected with a community, or a group?
- Do you sense or do you know how your gifts could come into play in responding to these callings?
- Where do you feel you have already made a difference, or begun to make a difference in responding to the call of these times?
- In what ways do you feel called to step up now? In what ways have you listened to those callings?
- What inspires and energizes you to stay aware and keep going?
- Do you have any sense of what your growing edge is?
- When you think about it, have these questions left out any matters that have now come to mind about the evolution of your relationship to these times?