5th MHTP

Mental Health Training Program

A One Year Part - Time Program offered by Ummeed Child Development Center, Mumbai in collaboration with Narrative Practices Adelaide and Reauthoring Teaching, Vermont

Ummeed's Mental Health Training Program addresses the need for trained professionals who can meet the Mental Health needs of children and families.

It also provides an opportunity for organizations or schools to build capacity in this area

The Program

This course provides a thorough grounding in the ideas and practices of narrative approaches to working with individuals, families, groups and communities. Narrative therapy is a respectful, non-blaming approach to counselling which centers people as the experts in their own lives.

It views problems as separate from people and assumes people have many skills, beliefs, values, and abilities that will allow them to reduce the influence of problems in their lives.

Skills taught will include externalizing, reauthoring, remembering, and using outsider witnesses.

Teaching reflects an approach which is:

1) Practice based learning that includes reviewing counselling cases, letters and live interviews.

2) A supportive teaching environment with regular supervision meetings that focus on skill development between teaching blocks.

<u>WHO SHOULD APPLY:</u> Counselors from schools or organizations, NGOs working with children or children with disabilities, teachers, special educators and individuals with an interest in working with children and families. Candidates should be proficient in English and will be interviewed prior to selection.

2015 Schedule

Block 1	February : 19-27 Teachers: Daisy Daruwala and Ummeed Team
Block 2	March 23 – 27 Teachers: Maggie Carey and Jill Sanghvi
Block 3	June 22 – 26 Teachers: Shona Russell and Jehanzeb Baldiwala
Block 4	October 13-17 Teachers: Peggy Sax and Shamin Mehrotra

Supervision will commence after the second teaching block, for half a day per week. Skype supervision available for out of Mumbai candidates.

VENUE – Ummeed Child Development Center, MUMBAI

Interested candidates can e-mail their resumes to ummeed.mhtp@gmail.com

For more info call: Amrita Parekh or Jehanzeb Baldiwala at 022-65528310/23002006/265564054

Re-Authoring Teaching
Creating a collaboratory