## **The Narrative Reading Group**

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## The Center for Healthy Families at the Family Science Department, University of Maryland

## **Present**

"Reclaiming Community out of Personal Catastrophe"

Peggy Sax, Ph.D.

April 11, 2014 9:00 – 4:30pm Heffner Recreational Center, 42 Oswego Avenue, Takoma Park, MD 20912

An engaging and enthusiastic presenter, Peggy weaves in the voices of her clients to illustrate the deep – and often healing - satisfaction that can come from ally-to-ally relationships, getting involved with local/community resources, drawing from experience knowledge to give back to others and making meaningful contributions to others' lives.

Built on ethical foundations of collaboration, relationally responsible practices and choice, "communal" ways of working challenge assumptions about therapy as solely working in individualized ways. Through video, audio, and story-telling, Peggy Sax will explore therapeutic practices that engage clients who have survived psychological catastrophes -their worst nightmares - in the supportive actions of the communities around them, peer-to-peer support, and "giving back" practices.



Peggy's professional development has been rigorously influenced by collaborative therapies, and by her mentors: Dario Lussardi, Tom Andersen, Lynn Hoffman, Michael White and David Epston. In the 1970s-80s, she learned hands-on within exceptionally innovative programs—the home based "British Columba Infant Development Programmes," and the pioneering parent child center and vibrant community mental health center in Middlebury, Vermont. Since the early 1990s, Peggy has apprenticed herself to narrative therapy.

Peggy's is the author of Re-authoring Teaching: Creating a Collaboratory and the companion website: Re-authoring Teaching. She began the online "Narrative Practice & Collaborative Inquiry (NPCI) - Study Group" (now known as The Collab) in 2008, a few months after Michael White's death, in efforts to create "an island of belonging" for people drawn to narrative practice and other collaborative approaches.

Registration: \$90. 6 CEUs for LMFTs and LCPCs. Social Worker CEUs pending. For more information, please contact Christina Guidorizzi by e-mail <a href="mailto:cguidorizzi@gmail.com">cguidorizzi@gmail.com</a>